

Detailed Implementation & Financial Report

Youth SRHR Clubs in Rural Schools (2023–2024)
March 2023 – February 2024

1. Project Overview

- **Title:** Youth SRHR Clubs in Rural Schools
- **Location:** Livingstone,imba & Kalomo Districts, Southern Province, Zambia
- **Duration:** March 2023 – February 2024
- **Objective:** To improve adolescent knowledge and access to Sexual and Reproductive Health and Rights (SRHR) services through youth-led peer clubs in rural schools.

2. Background & Rationale

Adolescents in rural Southern Province face high risks of early pregnancies, school dropouts, and limited access to SRHR information. Cultural taboos restrict open dialogue, while rural clinics lack outreach programs. Establishing **peer-led SRHR clubs** in schools addresses these gaps by empowering youth as educators, creating safe spaces for dialogue, and linking students with health facilities.

3. Activity Components

- **Peer Educator Training** (18 youth trained in SRHR facilitation).
- **Formation of School SRHR Clubs** (6 clubs established across 3 districts).
- **Educational Sessions & Outreach** (weekly club meetings + awareness campaigns).

- **Referral Linkages** (partnerships with 3 local clinics).
- **Community Engagement** (parent-teacher dialogues to break stigma).

4. Detailed Execution Phases

Phase 1 – Mobilization & Training (Mar–Apr 2023)

- Selected 18 youth peer educators; conducted a 5-day SRHR training.

Phase 2 – Club Formation (May–Jul 2023)

- Established 6 SRHR clubs in rural secondary schools; developed club constitutions.

Phase 3 – Outreach & Club Activities (Aug 2023 – Jan 2024)

- Weekly sessions conducted; 1,000 students engaged; peer-to-peer mentoring initiated.

Phase 4 – Stakeholder Dialogue & Reporting (Feb 2024)

- Convened district-level stakeholder meeting; shared progress and policy recommendations.

5. Implementation Timeline

Phase	Timeline
Mobilization & Training	Mar – Apr 2023
Club Formation	May – Jul 2023

Outreach & Club Activities Aug 2023 – Jan
2024

Stakeholder Dialogue & Report Feb 2024

6. Outcomes & Impact

- **Capacity Building:** 18 peer educators equipped with facilitation skills.
 - **Youth Engagement:** 1,000 adolescents reached through regular club meetings.
 - **Knowledge Improvement:** 65% increase in SRHR knowledge (pre/post surveys).
 - **Health Access:** 120 students referred to clinics for SRHR services.
 - **Community Support:** 2 parent-teacher forums held, reducing stigma around SRHR discussions.
-

7. Key Partners

- **Southern Province Health Office** – technical support & clinic linkages.
 - **Local Schools (Livingstone, Zimba, Kalomo)** – hosting clubs & mobilization.
 - **District Education Boards** – oversight & policy alignment.
 - **Youth Peer Educators** – frontline implementers.
-

8. Youth Interview Excerpts & Community Testimonials



“Before, I could not ask questions about reproductive health. Now I feel free to learn and share with others in my club.”

— Leah, Peer Club Member, Kalomo

“These clubs are helping us reduce early pregnancies and school dropouts. The change is visible in our learners.”

— Mrs. Musonda, Teacher,imba

9. Financial Report – SRHR Outreach Grant (\$28,000)

Budget Item	Amount (USD)	Description
Peer Educator Training	\$6,000	Training sessions, facilitators, materials
Club Formation & Materials	\$5,000	Club manuals, uniforms, starter kits
Outreach & Activities	\$9,000	Transport, peer sessions, awareness campaigns
Referral Linkages & Health Support	\$3,000	Clinic partnerships, counseling, referrals
Stakeholder Dialogue & Dissemination	\$3,000	Forums, reports, policy briefs
Administration & Contingency	\$2,000	Coordination, communication, buffer
Total Grant Allocation	\$28,000	Total Funding

Summary

The **Youth SRHR Clubs in Rural Schools project** successfully empowered peer educators, reached 1,000 adolescents, and improved SRHR knowledge and service access in Southern Province. The initiative demonstrated the power of youth-led education to address sensitive health issues and reduce stigma in rural communities.



GARDEN HOUSE YOUTH

Telephone: 0970098380

MAIL: info@gardenhouseyouthsociety.com

WEB: <https://gardenhouseyouthsociety.com/>

ADDRESS: Plot 3443, Kamloops Rd Kalingalinga, Lusaka.

Approved by:

Trywell Hatalimi

Executive Director

Garden House Youth Cooperative Society